








BREAKFAST ENTREES

Made to Order Omelet 180 - 770 Cal.	\$5.89
Made to order omelet with your choice of toppings	
Egg Choice: Eggs, Egg Whites, or Egg Substitute (Choice of 1)	
Protein Choice: Bacon, Ham, Pork Sausage, or Turkey Sausage (Choice of 1)	
Cheese Choice: American, Cheddar, Pepper Jack, Provolone, or Swiss (Choice of 1)	
Toppings: Baby Spinach, Jalapenos, Mushrooms, Onion, Peppers, or Tomatoes (Choice of 2)	
 Avocado	\$0.50
 Eggs Your Way 20 - 90 Cal.	\$1.49 each
Choice of Over Easy, Over Medium, Over Hard, Scrambled, Egg Whites, or Vegan Egg Substitute.	
 Egg & Cheese Muffin 270 Cal.	\$4.99
Bacon, Egg & Cheese Muffin 380 Cal.	\$5.29
Sausage, Egg & Cheese Biscuit 590 Cal.	\$5.29
Sausage, Egg & Cheese Bagel 500 Cal.	\$5.29
Bacon, Egg & Cheese Burrito 580 Cal.	\$5.29

Additional nutrition information available upon request. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

EVERYDAY FAVORITES

  O'Brien Potatoes 140 Cal.	\$2.59
  Tater Tots 140 Cal.	\$2.59
Bacon Strip 110 Cal.	\$1.19
Pork Sausage Patty 180 Cal.	\$1.39
Turkey Sausage Patty 90 Cal.	\$1.49
  White or Wheat Toast 60 - 70 Cal.	\$0.89

TRY IT TODAY!

Check Our Menu for This Week's Featured Breakfast Entrée!

EMBERS GRILL

Single Smash Burger 345 Cal. \$6.79

Juicy burger pressed with American cheese, lettuce and tomato on a bun

Double Smash Burger 530 Cal. \$8.79

Two juicy burger pressed with American cheese, lettuce and tomato on a bun

  **Spicy Avocado Black Bean Burger** 350 Cal. \$7.89

  Black bean burger topped with spicy jalapeno avocado smash, tomato and cilantro on a wheat bun

  **Farmhouse Chicken Sandwich** 360 Cal. \$7.89

All-natural chicken breast, lettuce, tomato and smoky peppercorn sauce on an oat-topped wheat bun

 **Spicy Maple Crispy Chicken Sandwich** 710 Cal. \$6.89

Spicy maple glazed crispy chicken breast, bacon, lettuce and tomato on a potato roll

Philly Cheesesteaks 525 Cal. \$7.89

Sauteed beef steak and onions topped with american cheese on a long roll





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EVERYDAY FAVORITES

Crispy Chicken Tenders (3) 390 Cal. \$5.09


  **Shoestring French Fries** 185 Cal. \$2.49

  **Sweet Potato Fries** 160 Cal. \$2.59

ADD-ONS

  **Avocado** 40 Cal. \$0.50

Bacon 110 Cal. \$1.19

 **Add Cheese** 100 - 180 Cal. \$0.50

Extra Meat 140 - 265 Cal. \$4.00

TRY IT TODAY!

Check Our Menu for This Week's Featured Embers Entrée!

